

H.E.A.T. International Congress on Anti-Aging Medicine 2022

3rd floor The Athenee Luxury Collection hotel, Bangkok, Thailand

PRE-CONGRESS PROGRAM “DPU Wellness Management 2022”

Thursday 18th August 2022

Location: Crystal B Ballroom (English)

Time	Topic	Speaker
7.30 – 8.45	Registration	
8.45 – 9.00	Opening Remark	Dr. Darika Lathapipat
9.00 – 9.45	Wellness is Healthcare, NOT Sickcare	Dr. Patana Teng-umnuay
9.45 – 10.15	Coffee Break	
10.15 – 10.55	Dimensions of Wellness	Gopal Kumar
10.55 – 11.35	The Role of Mindfulness in a Wellness Program	Dr. Pakpilai Thavisin
11.35 – 12.15	Vitality Project, 3X3 System of Natural Healing	Olga Vita
12.15 - 13.30	Lunch Buffet	
13.30 – 14.10	Wellness Detoxification	Dr. Lenny Da Costa
14.10– 14.50	Beauty Diet & Detoxification to Achieve Beyond Skin Deep	Olga Vita
14.50 – 15.30	When Fitness Meets Cancer Survivors	Dr. Brian Kunakom
15.30 – 16.00	Coffee Break	
16.00 – 16.40	Trend in Medical Wellness Equipment	Dr. Narinthorn Surasinthon
16.40 - 17.20	Thai Herbal Medicine for Weight Loss	Dr. Monthaka Teerachaiskul

Location: Crystal A Ballroom (Thai ภาษาไทย)

Time	Topic	Speaker
7.30 – 8.45	ลงทะเบียน	
8.45 – 9.00	กล่าวเปิดงาน	ดร. ดาริกา ลัทธพิพัฒน์
9.00 – 9.45	สถานการณ์เวลเนส ในประเทศไทย	นพ. เทวัญ ธานีรัตน์
9.45 – 10.15	Coffee Break	
10.15 – 10.55	องค์รวมของ เวลเนส	ผศ.นพ. มาศ ไม้ประเสริฐ
10.55 – 11.35	เปลี่ยนธุรกิจสปา ให้เป็นเวลเนส	คุณชวันส์ สันธุเชียว
11.35 – 12.15	อาหารฟังก์ชันและ ผลิตภัณฑ์เสริมอาหาร	ผศ. ดร. เอกราช บำรุงพิชน์
12.15 - 13.30	Lunch Buffet	
13.30 – 14.10	แนวโน้มของการท่องเที่ยวเชิงการแพทย์	นพ. นรินทร์ สุรสินธน์
14.10– 17.20	การนำเสนอผลงานวิจัย	

Thursday 18th August 2021

Wellness Research Presentation (in Thai) ภาษาไทย
Location: London 1-3

Anti-aging Basic Science Research Presentation		Chair: Dr. Krit Pongpirul Co-chair: Dr. Monruedee Keeratipanon
10.15 – 10.30	การนำเสนอผลงานวิจัย	
10:30 - 10:45	การนำเสนอผลงานวิจัย	
10:45 - 11:00	การนำเสนอผลงานวิจัย	
11:00 - 11:15	การนำเสนอผลงานวิจัย	
11:15 - 11:30	การนำเสนอผลงานวิจัย	
11:30 - 11:45	การนำเสนอผลงานวิจัย	
11:45 - 12:00	การนำเสนอผลงานวิจัย	
12:00 - 12:15	การนำเสนอผลงานวิจัย	
12.15 - 13.30	Lunch Buffet	
13.30 – 13.45	การนำเสนอผลงานวิจัย	
13.45 -14.00	การนำเสนอผลงานวิจัย	
14.00 -14.15	การนำเสนอผลงานวิจัย	
14.15 – 14.30	การนำเสนอผลงานวิจัย	
14.30 – 14.45	การนำเสนอผลงานวิจัย	
14.45 – 15.00	การนำเสนอผลงานวิจัย	
15.00 – 15.15	การนำเสนอผลงานวิจัย	
15.15 – 15.30	การนำเสนอผลงานวิจัย	
15.30– 15.45	Coffee Break	
15.45 – 16.00	การนำเสนอผลงานวิจัย	
16.00 – 16.15	การนำเสนอผลงานวิจัย	
16.15 – 16.30	การนำเสนอผลงานวิจัย	
16.30 -16.45	การนำเสนอผลงานวิจัย	
16.45 – 17.00	การนำเสนอผลงานวิจัย	
17.00 -17.15	การนำเสนอผลงานวิจัย	
17.15 – 17.30	การนำเสนอผลงานวิจัย	

CONFERENCES PROGRAM

“Biohack your life: Application of Science and Technology to Improve Healthspan”

Friday 19th August 2022

Open Ceremony and Plenary Session

Location: Crystal B Ballroom

Anti-Aging Room		
		Moderator: Dr. Yongyuth Mayalarp and Mr. Varit Taifayongvichit
07:30 - 09:00	Congress Registration	
09:00 - 09:15	Opening Remark	Dr. Patana Teng-umnay
09:15 - 10:00	Resilience: From Fear to Fire	Dr. Ushy Mohandas
10:00 - 10:30	Coffee Break and Exhibition Booths	
Plenary		Moderator: Dr. Yongyuth Mayalarp and Mr. Varit Taifayongvichit
10:30 - 11:15	A Unique Combination of Essential Nutrients Delivers a True Intervention against Aging	Prof. Dr. Urban Alehagen
11:15 - 12:00	Biohack with Brassica and Friends	Dr. Thomas Lodi
12:00 - 13:30	Lunch Buffet	

Friday 19th August 2022

Location: Crystal B Ballroom

Anti-Aging Room		
Hormone Disruptor and Menopausal Syndrome		Chair: Dr. Pakpilai Thavisin Co-chair: Dr. Puttipong Charoensri
13:30 - 14:00	Hormone Disrupting Chemicals	Dr. Nicole Bijlsma
14:00 - 14:30	Estrogen Dominance	Dr. Pakpilai Thavisin
14.30 -15.00	Why should we keep an eye on FSH in monitoring of menopause	Dr. Serge Ginter
15:00 - 15:15	Coffee Break	
Biohack Your Cellular Aging		Chair: Dr Pansak Sugkaroek Co-chair: Dr. Ubekha Choomkong
15:15 - 15:45	Mitochondrial Dysfunction - An important key to biohacking for Wellness.	Dr. Kamal Karl
15:45 - 16:15	Biohacking with Fasting	Dr Pansak Sugkaroek
16:15 - 16:45	METFORMIN: 63 year old drug but younger than ever	Dr. Nicolas Wiernsperger
16:45 - 17:00	Break	
17:00 - 18:00	Plenary session in Crystal Hall A	
18:00 - 21:00	Wilisamahara Cocktail Dinner Party With Guests: Mr. Intouch Roekyen and Miss Kratae R-Siam Moderator: Mr. Varit Taifayongvichit and Mr. Tarit Puvanuttrai	

Friday 19th August 2022
 Location: Crystal A Ballroom

Anti-aging for Aesthetics		
Aesthetics		Chair: Dr. Woraphong Manuskiatti Co-chair: Dr. Tanvaa Tansatit
13:30 - 14:00	Ultrasound Imaging as Powerful Tool for Evaluation, Design, Treatment and Follow-up in Aesthetic Practice	Dr. Tanvaa Tansatit
14:00 - 14:30	Biohacking Skin Age with Light	Dr. Woraphong Manuskiatti
14.30 -15.00	Filler Overfilled Syndrome	Dr. Tingsong Lim
15:00 - 15:15	Coffee Break	
Aesthetics		Chair: Dr. Rumpa Linpiyawan Co-chair: Dr. Nattaya Rakpuang
15:15 - 15:45	To Achieve a Diamond Look with Crystal Budgets	Dr. Rumpa Linpiyawan
15:45 - 16:15	Effects of the Signal Modulation of 448 kHz on Aging of Female's Pelvic Floor	Dr. Nattaya Rakpuang
16:15 - 16:45	Ice-Fire Combination in Body Aesthetics	Dr. Tingsong Lim
16.45 - 17:00	Break	
Plenary Session:		
17:00 – 18.00	TBA	

Friday 19th August 2022

Workshop
 Location: Terrace Room B

Workshop		
Time	Topic	Sponsors
10.30 -12.00		
13:30 - 15:00		
15:30 - 17:00		
17:30 - 19:00		

Saturday 20th August 2022

Location: Crystal B Ballroom

Anti-Aging Room		
Plenary Session: Cell Therapy		
09:00 - 10:30	Practical Cell Therapy, Mesenchymal Stromal Cell, and Platelet Rich Plasma	Dr. Patana Teng-umnuay
10:30 - 10:45	Coffee Break	
Bio-identical Hormone Therapy		Chair: Dr. Ubekha Choomkong Co-chair: Mr. Tarit Puvanuttrai
10:45 - 11:15	Bioidentical Hormone Replacement Therapy to Biohack Aging	Dr. Avani Karl
11:15 - 11:45	New Aspects in Hormonal Therapy	Dr. Serge Ginter
11:45 - 12:15	Sex Hormones and the Female Brain	Dr. Avani Karl
12:15 - 13:30	Lunch Buffet	
Microbiome		Chair: Dr. Krit Pongpirul Co-chair: Dr. Brian Kunakom
13:30 - 14:00	The Microbiome Control of Immune Function.	Dr. Kamal Karl
14:00 - 14:30	Targeted and Personalized Probiotics	Dr. Krit Pongpirul
14:30 - 15:00	Fecal Transplantation and Immunotherapy in Cancer Treatment	Dr. Brian Kunakom
15:00 - 15:15	Coffee Break	
Biohack Your Organ Dysfunction		Chair: Dr. Nopparat Panthongwiryakul Co-chair: Dr. Brian Kunakom
15:15 - 15:45	Glymphatic Brain System	Dr. Nicolas Wiernsperger
15:45 - 16:15	Plasmalogen Deficiency and Alzheimer's Disease	Dr. Nopparat Panthongwiryakul
16:15 - 16:45	Oligonol: Beneficial Effects in Non-Alcoholic Fatty Liver Disease	Dr. Brian Kunakom
16:45 - 17:00	Break	
Plenary Session		
17:00 - 17:45	Biohacking Your Aging Cells	Dr. Patana Teng-umnuay

Saturday 20th August 2022

Location: Crystal A Ballroom

09:00 - 10:30	Plenary session	
10:30 - 10:45	Coffee Break	
Cell Therapy in Aesthetics		Chair: Dr. Tassanee Permthai Co-chair: Dr. Olan Piamkulvanich
10:45 - 11:15	Amniotic Fluid Derived Mesenchymal Stromal Cell Therapy	Dr. Tassanee Permthai
11:15 - 11:45	Natural Killer (NK) Cell Therapy	Dr. Olan Piamkulvanich
11.45 -12.15	Combination of PRFM and Low Intensity Shockwave Therapy for Treatment of Erectile Dysfunction	Dr. Skol Skolphadungkett
12:15 - 13:30	Lunch Buffet	
Cell Therapy II		Chair: Dr. Rungsima Wanitphakdeedecha Co-chair: Dr. Sarawalai Rakchart
13:30 - 14:00	Autologous Fibroblasts for Skin Rejuvenation	Dr. Rungsima Wanitphakdeedecha
14:00 - 14:30	Autologous Fat Transfer	Dr. Sarawalai Rakchart
14:30 - 15:00	Hair Follicle Stem Cell and PRP for Hair Rejuvenation	Dr. Ratchathorn Panchaprateep
15:00 - 15:15	Coffee Break	
Nutrition Assessment		Chair: Dr. Puttipong Charoensri Co-chair: Mr. Varit Taifayongvichit
15:15 - 16:45	Nutrition Assessment: Physical Examination Demonstration	Dr. Ashley Barry
16:45 - 17:00	Break	
17:00 - 17:45	Plenary Session in Crystal B Ballroom	

Saturday 20th August 2022

DPU Wellness Management 2022: Anti-aging and Aesthetic Medicine Research Presentation

Location: London 1-3

Anti-aging and Aesthetic Medicine Research Presentation		
9.00 – 10.30	Research Presentation Competition	
10:30 - 10:45	Break	
10:45 - 11:45	Research Presentation Competition (continue)	
11:45 - 12:15	Award Presentation	
12:15 - 13:30	Lunch Buffet	
13:30 - 15:00	Research Presentation	

Saturday 20th August 2022

Workshop

Location: Terrace Room B

Workshop		
Time	Topic	Sponsors
9.00 – 10.30		
10:30 - 12:00		
13:30 - 15:00		
15:30 - 17:00		